

4TH INTERNATIONAL medical ACUPUNCTURE meeting

ACUPUNCTURE SECTION of the official
MEDICAL COLLEGE of BARCELONA

Bmas autumn meeting 2009
3RD same NATIONAL ACUPUNCTURE
SYMPOSIUM

BARCELONA



23-25 OCTOBER 2009

www.acupunturabarcelona2009.com

ORGANISERS



WITH THE
COLLABORATION OF





PRESENTATION

Dear acupuncturist colleagues and friends,

I am pleased to welcome you to the “*4th International Medical Acupuncture Meeting*” in Barcelona, which is jointly organised by the Acupuncture Section of the Official Medical College of Barcelona, the British Medical Acupuncture Society (BMAS) and the Spanish Medical Acupuncture Society (SAME).

This event will also be the “*3rd SAME National Acupuncture Symposium*” and the “*BMAS Autumn Meeting 2009*”, as well as being supported by ICMART (International Council of Medical Acupuncture and Related Techniques) and the Scientific Acupuncture Society of Catalonia and the Balearic islands.

We would like to say that, based on successful past experiences, this time we are joining forces with two other organisations to further the international promotion of acupuncture and increase its scientific profile.

We start the work: we will discuss with prestigious speakers very interesting issues such as infertility, insomnia, headaches, back pain, dysmenorrhoea and allergic rhinitis, and we will discuss these with eminent speakers. In all of these areas there is ever increasing scientific evidence for the value of treatment with acupuncture.

We will also have workshops with prominent experts, which will be of great value in our daily practice.

We really appreciate your contribution to the scientific program with the papers and posters sent. We can all be enriched by your experiences. The scientific committee will award prizes for the three best oral presentations and the three best posters.

We are convinced that this event that will increase our knowledge about acupuncture so that we can optimise its practice, whilst also allowing us to enjoy and share our city of Barcelona in good company.

Welcome to Barcelona!

Albert Garcia i Janeras

*President of the Acupuncture Section
of the Official Medical College of Barcelona*



COMMITTEES

Committee of honour

Molt. Hble. Sr. José Montilla i Aguilera

President of the Generalitat de Catalunya (Catalan Regional Government)

Excm. Sr. Jordi Hereu i Boher

Mayor of Barcelona

Hble. Sra. Marina Geli i Fàbrega

Minister for Health. Generalitat de Catalunya (Catalan Regional Government)

Sra. Isabel Ribas i Seix

Public Health Delegate. Barcelona City Council

Dr. Miquel Bruguera i Cortada

President of the Official Medical College of Barcelona

Dr. François Beyens

General Secretary of ICMART

Dr. Josep Maria Meler Bosch

President of the Scientific Acupuncture Association of Catalonia and the Balearic Islands

Organizing committee

Dr. Rafael Cobos

President of SAME. President of FILASMA. Scientific Director of the Masters Programme in Acupuncture, Universidad Pablo de Olavide, Sevilla. Medical Associate of the Clínica del Dolor at the Hospital Universitario Virgen del Rocío, Sevilla.

Dr. Mike Cummings

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Dr. Isabel Giralt

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Dr. Maria José Hidalgo

Vice President of the Acupuncture Section of the Col·legi de Metges de Barcelona. Lecturer on the Masters Programme in Acupuncture at Les Heures - Fundació Bosch i Gimpera - Universitat de Barcelona.

Dr. Ana Palomo

Treasurer of SAME. Masters in Acupuncture from the Universidad Pablo de Olavide, Sevilla.

Dr. Pilar Peña

Secretary of the Acupuncture Section of the Col·legi de Metges de Barcelona. Specialist in Occupational Medicine.

Scientific committee

Dr. Mike Cummings

Medical Director, British Medical Acupuncture Society. Honorary Clinical Specialist, University College London Hospitals. Senior Visiting Clinical Fellow, Bedfordshire & Hertfordshire Postgraduate Medical School.

Dr. Natalia Eres

Specialist in Integrative Oncology. Lecturer on the Masters Programme in Acupuncture at IL3 - Universitat de Barcelona and Universitat de Lleida.

Dr. Albert García

President of the Acupuncture Section of the Col·legi de Metges de Barcelona. Specialist in Internal Medicine. Specialist in Acupuncture at Nanjing University of Chinese Medicine.

Dr. José Alberto Hernández

Treasurer of the Acupuncture Section of the Col·legi de Metges de Barcelona.

Dr. Blanca Sarasà

Chairperson for the Acupuncture Section of the Col·legi de Metges de Barcelona. Specialist in Family and Community Medicine.

Dr. Marcelo Tegiacchi

Chairperson for the Acupuncture Section of the Col·legi de Metges de Barcelona. Specialist in Traumatology.

Dr. Jorge Vas

Vice President of SAME. Scientific Co-Director of the Masters Programme in Acupuncture, Universidad Pablo de Olavide. Director of the Pain Unit, Centro de Salud Doña Mercedes, Dos Hermanas, Sevilla.



PROGRAMME TIMETABLE

Auditorium

FRIDAY, 23 October

15.00–16.15	Pre-symposium workshop: <i>What points do you use?</i> Isabel Giralt: Traditional approach Mike Cummings: Contemporary approach
16.30–16.45	Opening ceremony
16.45–17.30	Round Table: <i>The interpretation of acupuncture research</i> Irène Lund: Neurophysiology of sham acupuncture Jorge Vas: How to translate traditional Chinese medicine to science Adrian White: Interpreting the results of placebo controlled trials <i>Chair: Mike Cummings</i>
17.30–18.15	Discussion
18.30–19.30	<i>Welcome reception and cocktails</i>
19.30	SAME members assembly

Auditorium

SATURDAY, 24 October

09.00–09.30	Presentation: <i>Headache</i> Adrian White: Acupuncture for headache <i>Chair: Marcelo Tegiacchi</i>
09.30–10.00	Presentation: <i>Back pain</i> Jorge Vas: Therapeutic effect of acupuncture on nonspecific acute low back pain <i>Chair: Marcelo Tegiacchi</i>
10.00–10.30	Questions for panel
10.30–11.00	<i>Coffee</i>
11.00–12.15	Round Table: <i>New evidence</i> Benno Brinkhaus: Acupuncture in Patients with Allergic Rhinitis – Current evidence and <u>ACU</u> puncture in <u>S</u> easonal <u>A</u> llergic <u>R</u> hinitis Trial (ACUSAR) Claudia Witt: Effectiveness and cost-effectiveness of acupuncture in patients with dysmenorrhea: The acupuncture in routine care study (ARC) Marianne Reinthal: Effects of minimal acupuncture in children with infantile colic -a prospective, quasi-randomised blind controlled trial <i>Chair: Natàlia Eres</i>



12.15–12.45 Questions for panel

12.45–14.00 **Lunch**

14.00–17.40 **Free papers**

Chair: Adrian White

14.00 THE ACUPUNCTURE TREATMENT OF SECONDARY EFFECTS IN PATIENTS SUBJECT TO CHEMOTHERAPY (QMT)

Gabriel Motis Montes

14.10 ACUPUNCTURE TREATMENT OF AN ULCER IN A DIABETIC FOOT. A CASE STUDY

Felguera Ruiz, Francisca, Forés Gascón, Creu

14.20 TREATMENT OF PRESSURE ULCERS (UPP) WITH ACUPUNCTURE. STUDY OF SEVEN CASES

Badía Crexans, Mónica, Forés Gascón, Creu

14.30 EFFECTIVENESS OF ACUPUNCTURE FOR PAIN RELIEF IN PATIENTS WITH FIBROMYALGIA

Collazo Chao, Eliseo

14.40 IS ACUPUNCTURE RECOMMENDED FOR USE BY HEALTH PROFESSIONALS IN PRIMARY CARE?

Ruiz Morilla, Maria Dolors; Diez-Caballero Murua, Maria;

Majem Fabrés, Lourdes; Barriodos Pérez, Núria; Hernández Resa, Raquel; Jódar Hoste, Eva

14.50 HOW ACUPUNCTURE IMPROVES THE SYMPTOMS AND LIFE QUALITY IN PATIENTS WITH ENDOMETRIOSIS

Mildred S. Díaz Cruz

Chair: Rafael Cobos

15.00 OCCUPATIONAL OVERUSE SYNDROMES FROM COMPUTER USAGE – A LOCAL AUSTRALIAN PERSPECTIVE. (PRACTICAL CONSIDERATIONS FOR THE MEDICAL ACUPUNCTURIST)

Timothy H Begbie

15.10 NEURO-IMAGES AND ACUPUNCTURE

Riccardo Rinaldi, Osvaldo Sponzilli, Tiberiu Brenner

15.20 ACUPUNCTURE AND CANCER PATIENTS QUALITY OF LIFE

Triadou P, Martin O

15.30 TREATMENT WITH ACUPUNCTURE OF THE DUAL DIAGNOSIS FEMALE OFFENDER

Mendez Susana E, Denton Douglas W.

15.40 USE FREQUENCY OF ACUPUNCTURE IN TAIWAN: A POPULATION-BASED STUDY

Chen YL, Hu NZ, Hou MC, Lo LC, Wang HM and Huang SC

15.50 ON DERMATOMES, MERIDIANS AND POINTS. A PUNCTURE FOR TCM MODEL?

Sánchez-Araujo Max, Luckert-Barela Ana J.



-
- Chair: Albert Hernández*
- 16.00 THE EFFECTIVENESS OF MICROSYSTEM ACUPUNCTURE IN PAIN, HEADACHES AND CRANIOMANDIBULAR DISORDERS
A RANDOMIZED CONTROLLED TRIAL
Irmgard Simma, Martina Schmid-Schwap, Jochen M. Gleditsch, Michael Kundi, Leopold Simma, Eva Piehslinger
- 16.10 ANALGESIA BY MEANS OF YAMAMOTO NEW SCALP ACUPUNCTURE (YNSA) IN EMERGENCY MEDICINE
Thomas Schockert
- 16.20 CHRONIC SPASTIC MONOPLEXY TREATED WITH ELECTROACUPUNCTURE AND YNSA
Tegiacchi Gelsi, Tomás J.
- 16.30 TREATMENT OF POST HERPETIC FACIAL PALSY USING ACUPUNCTURE AND CONVENTIONAL MEDICINE. TWO CASES
Tegiacchi Schvetz Marcelo, Tegiacchi Gelsi, Tomás J.
- 16.40 EFFICACY OF ROOT BARK OF ULMUS DAVIDIANA PLANCH PHARMACOPUNCTURE ON THE PATIENTS WITH KNEE OSTEOARTHRITIS: DOUBLE BLINDED RCT
Eun-Jung Kim, Seung-deuk Lee, Min-ki Jang, Eun-hye Yoon, Chan-yung Jung, Kap-sung Kim
- 16.50 CONTRIBUTION OF MICRO-IMMUNOTHERAPY IN PREVENTION AND TREATMENT OF IMMUNE PATHOLOGIES
Vázquez Colomina, José Luis
-

- Chair: Albert García*
- 17.00 EMBRYO ENERGETIC ORIENTATION
Maite Fuertes
- 17.10 CREDIBILITY OF A NEWLY DEVELOPED SHAM MOXIBUSTION
Min-Ki Jang, Chan-Yung Jung, Hyuk Byun, Eun-Jung Kim, Kap-Sung Kim and Seung-Deok Lee
- 17.20 SEEBECK EFFECT AND THE BIOMEDICAL MECHANISM OF WARM NEEDLING
Hou MC, Hu NZ, Chen YL, Lo LC, Yen SC, Huang SC
- 17.30 THE NEW LASER-NEEDLE ACUPUNCTURE IN CLINICAL APPLICATIONS
Michael Weber, Zulia Frost
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- 16.50–18.00 Foyer: **Poster session**
- 21.00 Gala Banquet (La Fitora Restaurant)
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Room Vidriera

SATURDAY, 24 October

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- 14.00–15.10 **Parallel sessions: Workshops**
Practical treatment of acute and chronic low back pain with acupuncture
Jorge Vas
Chair: Albert Hernández



- 15.25–16.35 Recent evidence on the metabolic effects of acupuncture - including obesity and insulin sensitivity
Elisabet Stener-Victorin
Chair: Blanca Sarasà
- 16.50–18.00 Cupping and other techniques to improve results with acupuncture
Maria José Hidalgo
Chair: Pilar Peña

Room A

SATURDAY, 24 October

Parallel sessions: Workshops

- 14.00–15.10 How to improve the placebo effect in the acupuncture clinic with coaching
Alex Santos
Chair: María José Hidalgo
- 15.25–16.35 Burn trauma - functional changes and their therapy
Anna Loskotova
Chair: Isabel Giralt
- 16.50–18.00 Insomnia: a practical approach
Javier Espinosa
Chair: Ana Palomo

Auditorium

SUNDAY, 25 October

- 09.00–10.30 Round table: **Insomnia**
Carlos Pomarón: Insomnia
Javier Espinosa: Traditional approach: Insomnia in Traditional Chinese Medicine
Irène Lund: Insomnia - Contemporary approach
Chair: Albert García
- 10.30–11.00 Questions for panel
-
- 11.00–11.30 **Coffee**
-
- 11.30–12.30 Round Table: **Infertility**
Elisabet Stener-Victorin: Mechanisms of Action of Acupuncture in Female Reproduction
Rafael Cobos: Infertility from the point of view of Traditional Acupuncture
Rosa Tur: Current practice in the infertility clinic
Chair: Isabel Giralt
- 12.30–13.00 Questions for panel
-
- 13.00–13.30 Awards and closing address
-



SPEAKERS

Dr. Benno Brinkhaus

Senior Researcher and Physician, Charité - University Medical Center.

Dr. Rafael Cobos

President of SAME. President of FILASMA. Scientific Director of the Masters Programme in Acupuncture, Universidad Pablo de Olavide, Sevilla. Medical Associate of the Clínica del Dolor at the Hospital Universitario Virgen del Rocío, Sevilla.

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prim. Anna Loskotova, M.D.

MASARYK University in Brno, Clinic of Burns and Reconstructive Surgery, Czech Republic.

Iréne Lund, PhD

Senior Lecturer, Department of Physiology and Pharmacology, Karolinska Institutet (Karolinska Institute), Stockholm, Sweden.



Dr. Carlos Pomarón

Doctor in Medicine and Surgery. Chairperson of Investigation for the SAME (Sociedad de Acupuntura Médica de España). President of GIAZ (Grupo de Investigación de Acupuntura en Zaragoza).

Marianne Reinthal

Regional nurse. Regional midwife. Doctoral student. Sweden.

Dr. Alex Santos

Acupuncture doctor. Trainer in NLP and Personal Coach.

Elisabet Stener-Victorin, PhD

Associate professor, Department of Physiology/Endocrinology, Institute of Neuroscience and Physiology, Göteborg, Sweden.

Dr. Rosa Tur

Gynaecologist for the Reproduction Medicine Service, Institut Universitari Dexeus.

Dr. Jorge Vas

Vice President of SAME. Scientific Co-Director of the Masters Programme in Acupuncture, Universidad Pablo de Olavide. Director of the Pain Unit, Centro de Salud Doña Mercedes, Dos Hermanas, Sevilla.

Dr. Adrian White

Clinical Research Fellow, Peninsula Medical School. Editor in chief, Acupuncture in Medicine.

Prof. Claudia M. Witt, MD, MBA

Professor for Complementary Medicine. Vice Director of the Institute for Social Medicine, Epidemiology and Health Economics, Charité University Medical Center, Berlin, Germany.



POSTERS LIST

Poster 1

CHRONIC CONSTIPATION POST PSYCHOLOGICAL TRAUMA

A. Chamizo Bremer, J.J. Lázaro Alcay, L Cáncer Villacampa, C. Barzano Julvez, R.J. Banchs Marín

Poster 2

SOME OF CASES OF FEMALE INFERTILITY TREATED BY ACUPUNCTURE

Palomo Rosado A.

Poster 3

CLASSICAL ACUPUNCTURE OR MICROACUPUNCTURE-WHICH IS BETTER TREATMENT FOR CHRONIC LOW BACK PAIN

Elenkova Silvia, Shelev Krassimir

Poster 4

UTILITY OF LANWEIXUE AS PREDICTOR FOR DIAGNOSIS OF ACUTE APPENDICITIS

Segura E., Parra O., Basurto X.

Poster 5

A CLINICAL STUDY ON THE HEAT STIMULATING CHARACTERISTICS OF MOXIBUSTION

Eun-Hye Yoon, Chan-Yung Jung, Dong-Gun Lee, Eun-Jung Kim, Kap-Sung Kim, and Seung-Deok Lee

Poster 6

DIFFERENT HERBAL FORMULAS FOR DIFFERENT GENOTYPES AND TRADITIONAL ORIENTAL MEDICAL DIAGNOSIS IN OBESITY: DESIGN AND METHODS OF A RANDOMIZED CONTROLLED TRIAL

KIM Ho-jun, PARK Jeong-Hyun, LEE Dong-Ki

Poster 7

EFFECTS OF SA-AM ACUPUNCTURE ON CHRONIC LOW BACK PAIN AND HYPOADRENAL SYNDROME

KIM Ho-jun, Kim Seong-Min , Lee Myeong-Jong, Park Jeong-Hyun, Lee Jun-hwan, Chung Won-suk

Poster 8

EMBRYO ENERGETIC ORIENTATION - CURIOUS MERIDIAN

Maite Fuertes



AWARDS

The scientific committee will award prizes for the three best oral presentations and the three best posters.

The prizes for each category will be as follows:

- 1 - Prize 300 euros
- 2 - Prize 200 euros
- 3 - Prize 100 euros

The awards ceremony will take place on Sunday 25th October at the congress closing ceremony.

REGISTRATION

Information

Congress fees (VAT 7% included)

	Before 23 September	After 24 September
General fee	350 €	400 €
BMAS members (British Medical Acupuncture Society)	£ 270	£ 315
Medical acupuncture section members (Official medical college of Barcelona)	300 €	350 €
SAME members (Sociedad de Acupuntura Médica de España)	300 €	350 €
SPMA members (Medical Acupuncture Society of Portugal)	300 €	350 €
Gala dinner	60 € / £ 50	60 € / £ 50

The registration fee includes: access to all scientific sessions, documentation, welcome cocktail on 23 October, coffees and lunch on 24 October. Gala dinner is not included.



Reduced fees are only applicable if the registration form and payment are received before 23 September 2009.

Deadline for registration: 19 October, 2009

Places are assigned strictly in accordance with order of payment. Your registration will only be accepted after payment has been received.

Cancellations

Cancellations must be made in writing to Activa Congressos. The corresponding refunds will be made after the Congress celebration. Applicable conditions are:

For cancellations received by 18 September, any money you have paid will be refunded, less 55 € administration charge. Thereafter no refunds can be made for cancellations or failure to attend. Substitutions may be made at any time.

Cancellations for BMAS members

Cancellations must be made in writing to BMAS. The corresponding refunds will be made after the Congress celebration. Applicable conditions are:

For cancellations received by 18 September, any money you have paid will be refunded, less £50 administration charge. Thereafter no refunds can be made for cancellations or failure to attend. Substitutions may be made at any time.

Gala Banquet

Fee: 60 € / £ 50

The Symposium dinner will be held in La Fitora Restaurant, located in the Olympic Port of Barcelona.

The Gala Dinner will be followed by dancing to music from a live band. Hope to see you there!

Date and time: Saturday, 24 October, 21.00 h.

Address: Muelle Gregal 18 - Barcelona

Transportation service will not be provided

Getting there

Metro: Yellow line, Ciutadella stop (Vila Olímpica)

Car: Ronda Litoral, exit 22 Besós way



GENERAL INFORMATION

Activities accredited by the Catalan Council for Continuing Education in Medicine - Sanitary Professions Commission for Continuing Education with 1.8 credits



Technical Secretariat and Information

ACTIVA Congresos

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Phone. +34 933 238 573 Fax +34 934 511 870

e-mail: info@acupunturabarcelona2009.com

Website: www.acupunturabarcelona2009.com

Venue

Official Medical College of Barcelona

Passeig de la Bonanova, 47

08017 Barcelona

Bus (Lines 14, 22, 64, 70, 72, 73, 75)

FGC (Sarria Station)

Official languages

Catalan, Spanish and English. Presentations during the congress will be made in Spanish or English. Simultaneous translation service Spanish<>English will be provided.

Transport

Barcelona city centre has rapid transport links, including six metro lines and an extensive fleet of buses. For further information: <http://www.tmb.net>

Eleven thousand taxis, with their yellow and black livery, provide a rapid and efficient service, and are available at all times either by pre-booking or by hailing them in the street.

The airport is located 12 kilometres outside the city, direction south. Most European airlines, and many international ones, operate flights from its international terminal.

Insurances

The organizers do not accept responsibility for individual medical, travel or personal insurance. Participants are strongly advised to take out their own insurance policies.



Currency and banking facilities

The Euro (€) is the currency of the European Union. You can change money at the city's banks as well as at the exchange booths located in the city center and at tourist sights. Cash machines, which accept most bankcards, are located at the airport and throughout the city of Barcelona.

Banks open from Monday to Friday, 08.30 h. to 14.00h.

Shopping hours

Shops in Barcelona open their doors between 9.00 and 10.00 in the morning, and generally close for lunch at 1.30 or 2.00. They open again in the afternoon between 4.00 and 5.00 and remain open until 8.00 or 8.30 in the evening. Nevertheless, it should be noted that many shopping centres and larger establishments do not close for lunch. Many shops and all department stores and shopping centres open Saturday afternoons, while all shops close Sundays, except for a few dates when they are permitted to open.

Electricity supply

Electricity is supplied at 220 V – 50 Hz AC

Climate

The climate in Barcelona is Mediterranean and mild. Please bear in mind that in October the temperature average is 16 °C. Rain is probable.

Barcelona tourist information

Mediterranean. Two thousand years of history. Open to every innovation. Welcoming, plural, diverse. A city to live and share.

Barcelona has a valuable architectural and monumental heritage, the most splendid examples of which are its Gothic and modernista buildings. Five of its buildings have been designated World Heritage Sites.

Gaudí is the city's most internationally renowned and emblematic architect. His buildings are a must-see attraction, leaving everyone who sees them speechless with wonder.

Barcelona is an open-air museum.

More information: <http://www.barcelonaturisme.com> - www.bcn.cat



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